



# Your Future Starts Now: Planning, Networking & Staying Resilient

Career Goals and Building Relationships

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# What Are You Good At?

Know Yourself First



**List 3 strengths and  
3 interests**



**What work excites  
you?**



**What activities  
energize you?**





# Set Real Goals

## SMART Career Goals



Example: "I want to intern at a marketing agency by June 2025."





# YOUR PERSONAL GAME PLAN

## Career Roadmap

### Where do you see yourself in:

- 1 year?
- 3 years?
- 5 years?

### What do you need to get there? (Mentors, skills, experience)





# THE POWER OF NETWORKING

Building Relationships

- **85% of jobs are filled via networking**
- **Start with classmates, teachers, coworkers**
- **Ask questions, follow up, offer help**





# STAYING RESILIENT

Adapt, Don't Quit

- **Things will not always go as planned**
- **Resilience** = bouncing back stronger
- **Celebrate small wins**
- **Keep learning + adapting**





# What Will You Do Next?

One thing I'll start doing...

One thing I'll stop doing...

One thing I'll do differently  
in my career journey...







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